



**SRMD YOGA**

Shrimad Rajchandra Mission  
Dharampur Paris



# INTERNATIONAL YOGA DAY

Journey to Inner Peace : Celebrating International Yoga day  
Looking after those that look after us

## Special Features:



- Breathwork
- Invigorating Yoga Flow
- Meditation

**Date: Saturday, June 17th**

**Time: 10:00AM to 11:00AM**

**Venue: Near Eiffel Tower**

To register, kindly [RSVP here](#) by  
15th June 2023

Participation is Free but registration  
is a must.

**Don't Forget your Yoga mat!**



सत्यमेव जयते  
Ministry of AYUSH  
Government of India



An Initiative of Shrimad Rajchandra Mission Dharampur

